

PLACES WHERE YOU SPEND TIME

Your neighbourhood and the places where you spend time might affect your health. The following questions are about the places where you spend time on a regular basis. For each category, please identify as precisely as possible the place where you do the activity in question, giving the exact address if you know it or the intersection and/or a landmark closest to the place, as well as the neighbourhood and the city. For some types of activities, you can indicate two places, starting with the one you go to most often.

Studies

56. Are you currently a student (either full-time, part-time, or in an internship program)?

Yes

No → go to question 60

57. What is the name of the institution you attend for your studies, including the campus and the building (if these apply)?

NAME OF THE INSTITUTION:

NAME OF THE CAMPUS :

NAME OF THE BUILDING :

58. What is the address of this study location? If you are studying at home or doing a distance learning program, please indicate it here.

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

59. In a typical 7-day week, how many hours do you spend at this place for school purposes?

_____ hour(s) per week

Work

60. Are you currently in paid employment?

This includes full-time work or part-time work, whether you are an employee, self-employed, a freelancer, on contract, in an internship, on vacation, on parental leave, on sick leave or work-accident leave, on strike or lock-out situation.

- Yes
- No → go to question 71

61. If you are currently in paid employment, do you work... Choose all the answers that apply to you.

- Full-time
- Part-time
- On contract or freelance

62. Where do you work? You can name up to two jobs or workplaces, if necessary.

Job or workplace 1

NAME OF COMPANY OR EMPLOYER:

63. Usually, do you work mostly :

- from home → go to question 65
- on the road → go to question 66
- neither at home nor on the road

64. What is the address of this workplace?

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

POSTAL CODE :

NEIGHBOURHOOD :

CITY:

65. In a typical 7-day week, how many hours do you spend at this place for work purposes?

_____ hour(s) per week

66. Do you work anywhere else, either as part of this job, or for another job?

- Yes, I have another job
- Yes, I work somewhere else as part of this same job → go to question 68
- No, I always work in the same place → go to question 71

Job or workplace 2

67. Where do you work mostly?

NAME OF COMPANY OR EMPLOYER:

68. Usually, do you work :

- from home → go to question 70
- on the road → go to question 71
- neither at home nor on the road

69. What is the address of this second workplace?

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

POSTAL CODE :

NEIGHBOURHOOD :

CITY:

70. In a typical 7-day week, how many hours do you spend at this place for work purposes?

_____ hour(s) per week

Grocery shopping

71. In your household, who does the grocery shopping?

- Only you
- Partly you
- Someone other than you → go to question 77

72. When you are the one doing the grocery shopping, where do you go? You can name up to two places (if necessary), starting with the place you go to most often.

Primary place:

NAME OF THE PLACE (example: "Such-and-such" grocery store, "Such-and-such" convenience store, "Such-and-such" public market) :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

73. In the past month, how many times have you gone to this place to buy groceries?

_____ time(s) in the past month

74. Is there another place where you regularly do your grocery shopping?

Yes

No → go to question 77

Second place

75. What are the name and the address of this second place where you do your grocery shopping?

NAME OF THE PLACE (example: "Such-and-such" grocery store, "Such-and-such" convenience store, "Such-and-such" public market) :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

76. In the past month, how many times have you gone to this place to buy groceries?

_____ time(s) in the past month

Physical activities and sports

77. Do you regularly engage in physical activity or sports?

- Yes
- No → go to question 81

78. Do you usually engage in physical activity or sports in a particular place?

- Yes, I usually do these types of activities at home → go to question 80
- Yes, I usually do these types of activities other than at home, in one specific place that I go to regularly
- No, I do not do these types of activities at one specific place on a regular basis → go to question 81

79. Where do you usually engage in physical activity or sports?

NAME OF THE PLACE :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

80. In a typical 7-day week, how many hours do you spend at this place doing physical activity or sports?

_____ hour(s) per week

Leisure activities

81. Do you regularly engage in leisure activities?

- Yes
- No → go to question 85

82. Do you usually engage in leisure activities in a particular place?

- Yes, I usually do these types of activities at home → go to question 84
- Yes, I usually do these types of activities other than at home, in one specific place that I go to regularly
- No, I do not do these types of activities at one specific place on a regular basis → go to question 85

83. Where do you usually engage in leisure activities?

NAME OF THE PLACE :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

84. In a typical 7-day week, how many hours do you spend at this place doing leisure activities?

_____ hour(s) per week

Other places where you spend time

85. Aside from the places you've already mentioned, are there other places where you regularly spend time?

These could be public places or private homes (yours or someone else's). They could be places where you spend time with friends, your partner/spouse or members of your family, or where you engage in sports or leisure, or where you are doing a study or professional internship, volunteering, or engaging in social or religious activities.

Yes

No → go to question 93

86. What are the name and address of this place where you regularly spend time? You will be able to name up to two places (if necessary), starting with the one where you spend the most time.

NAME OF THE PLACE :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

87. In a typical 7-day week, how many hours do you spend at this place?

_____ hour(s) per week

88. What do you usually do there?

89. Is there another place where you regularly spend time?

Yes

No → go to question 93

90. What are the name and address of this other place where you regularly spend time?

NAME OF THE PLACE :

NUMBER AND/OR STREET NAME:

INTERSECTION :

_____ AND _____

CLOSEST LANDMARK :

NEIGHBOURHOOD :

CITY:

91. In a typical 7-day week, how many hours do you spend at this place?

_____ hour(s) per week

92. What do you usually do there?

The following three questions are about your access to different means of transportation.

93. Do you have a driver's license?

Yes

No

94. Do you own a car, or have a car at your disposal (for example, the car of a friend or family member, or membership in a car sharing system such as *Communauto*, etc.)?

Yes

No

95. Do you have a monthly public transit pass (bus, metro and/or train)?

- Yes
- No

A FEW LAST QUESTIONS

Even though healthcare expenses are partly covered by Quebec's public health insurance program, there continues to be a link between health status and income. We would appreciate it if you could answer the three following questions so that we can study this link. Please be assured that all the information collected as part of this study will be treated strictly confidentially.

96. Approximately what was your total personal income LAST YEAR, before tax deductions? Please include any financial aid you may have received (for example, a scholarship, employment insurance benefits, CSST or other insurance benefits, etc.)

- No personal income
- \$1 to \$4,999
- \$5,000 to \$9,999
- \$10,000 to \$14,999
- \$15,000 to \$19,999
- \$20,000 to \$29,999
- \$30,000 to \$39,999
- \$40,000 to \$49,999
- \$50,000 to \$99,999
- \$100,000 and more
- I don't know

97. Do you have any financial investments (for example, savings bonds, RRSPs, TFSAs, certificates of deposit, stocks, etc.)?

- Yes
- No

98. In the past 12 months, have you received any social assistance, that is, financial aid provided as a last resort (also known as welfare assistance)?

- Yes
- No